

## Camp Activities

Gymtowne's summer camp revolves around gymnastics with additional activities spaced throughout the day. Arts and crafts, active games, nature walks, and imaginative play are some of the fun activities scheduled.

### Activity Examples:

- ☞ *Relay Races!*
- ☞ *Active Games*
- ☞ *Trampoline!*
- ☞ *Arts and Crafts*
- ☞ *Lots of Gymnastics!!*
- ☞ *Obstacle courses*
- ☞ *Zip-line!*
- ☞ *Tumble Trak*
- ☞ *Parachute Games*
- ☞ *Tumble Track!*



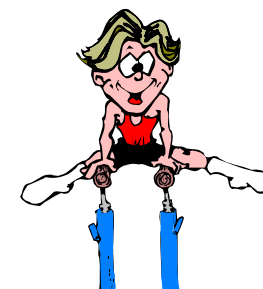
Gymtowne Gymnastics, South San Francisco

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# 2013 GYMNASTICS SUMMER DAY CAMP

Boys and Girls  
Entering First Grade to  
11 years old

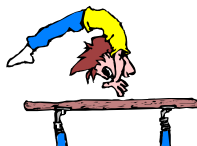


Gymtowne Gymnastics,  
South San Francisco



WEEK A:	June 3-7
WEEK B:	June 10-14
WEEK C:	July 17-21
WEEK D:	June 24-28
WEEK E:	July 1-3*
WEEK F:	July 8-12
WEEK G:	July 15-19
WEEK H:	July 22-26
WEEK I:	July 29-Aug 2
WEEK J:	August 5-9

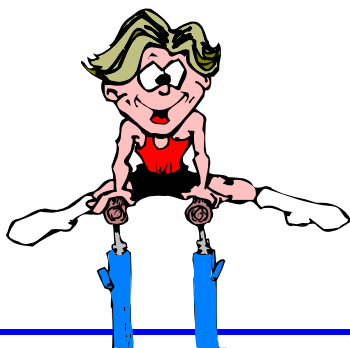
\*Week E has only 3 days and will be prorated (no camp on Thursday & Friday)





## Gymnastics Day Camps

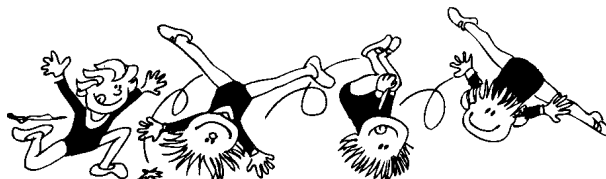
Gymtowne Gymnastics' summer camp program focuses on your child's progression in gymnastics. Our experienced coaches are happy to get your child tumbling with an eye toward the basics of fun and safety. No prior skills are required. Learning new skills is an attainable goal for every child in camp. Additional activities and games are spaced throughout each day to keep things exciting!



### Sample Daily Schedule:

8:30-8:40	Check in/Ice-breaker Game
8:40-9:00	Warm up
9:00-9:30	1st Gymnastics Rotations
9:30-10:00	Outdoor Games
10:00-10:30	Snack Time ☆
10:30-11:00	Arts and Crafts
11:00-11:30	2nd Gymnastics Rotations
11:30-12:00	Game
12:00-12:15	Trampoline
12:15-12:45	Lunch ☆ / Board Games
12:45-1:00	Warm Up
1:00-1:30	3rd Gymnastics Rotations
1:30-2:00	Tumble Trak
2:00-2:30	Arts and Crafts
2:30-3:00	Parachute Games
3:00-3:30	Snack Time ☆
3:30-4:00	4th Gymnastics Rotations
4:00-4:30	Active Game

☆ Please bring a lunch and healthy snacks Monday through Thursday, and snacks on Friday. Pizza or a BBQ lunch will be provided on Friday!



**Gymtowne Staff are Safety Certified by USA Gymnastics, and First Aid and CPR Certified by the American Red Cross.**

## Gymtowne 2013 Summer Camp SSF Enrollment Form

Week	Dates	Early Enrollment Deadline*	Time of Day	Price
Week A	6/3-6/7	5/20	<input type="checkbox"/> AM <input type="checkbox"/> PM <input type="checkbox"/> Full	
Week B	6/10-6/14	5/27	<input type="checkbox"/> AM <input type="checkbox"/> PM <input type="checkbox"/> Full	
Week C	6/17-6/21	6/3	<input type="checkbox"/> AM <input type="checkbox"/> PM <input type="checkbox"/> Full	
Week D	6/24-6/28	6/10	<input type="checkbox"/> AM <input type="checkbox"/> PM <input type="checkbox"/> Full	
Week E	7/1-7/3	6/17	<input type="checkbox"/> AM <input type="checkbox"/> PM <input type="checkbox"/> Full	
Week F	7/8-7/12	6/24	<input type="checkbox"/> AM <input type="checkbox"/> PM <input type="checkbox"/> Full	
Week G	7/15-7/19	7/1	<input type="checkbox"/> AM <input type="checkbox"/> PM <input type="checkbox"/> Full	
Week H	7/22-7/26	7/8	<input type="checkbox"/> AM <input type="checkbox"/> PM <input type="checkbox"/> Full	
Week I	7/29-8/2	7/14	<input type="checkbox"/> AM <input type="checkbox"/> PM <input type="checkbox"/> Full	
Week J	8/5-8/9	7/22	<input type="checkbox"/> AM <input type="checkbox"/> PM <input type="checkbox"/> Full	
<i>Week E has only 3 days and will be prorated (no camp on Thursday and Friday)</i>				Total

**\* Must sign up at least 2 weeks prior to the first day of camp to qualify for early enrollment.**

### SPECIAL EARLY ENROLLMENT DISCOUNT!

	*Early Enrollment	Regular Price
<b>Full Day Camp</b> 8:30AM-4:30PM	<b>*\$299</b>	<b>\$330</b>
<b>Half Day Camp</b> 8:30AM-12:15PM or 12:45PM-4:30PM	<b>*\$185</b>	<b>\$199</b>

Child's Name: \_\_\_\_\_

Child's DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

**A \$50 non-refundable deposit is required for each week of camp and the balance is due one week prior to the first day of camp.**

Amount enclosed with this application: \$ \_\_\_\_\_

Payment Method:  Cash  Check  Credit Card

Credit Card #: \_\_\_\_\_ Expires: \_\_\_\_\_

Signature: \_\_\_\_\_

*All camps are subject to cancellation if the minimum enrollment is not met by one week prior to camp start date.*